



Interesting facts about Obertauern

Summer program

In summer, there is a varied weekly program for all ages.

From July 1 to September 8, 2024, we invite you to explore our picturesque mountains and lakes, discover the magic of the forest and much more.

Registration: at your hotel reception or directly with NAC by 6:00 pm the day before.

NAC – Northern Alps Collective: Tel.: +43 664 91 00 580, e-mail: sommer@obertauern.com

MONDAY

3-lakes hike – around Obertauern | 10:00 am-2:00 pm | bus station Passhöhe

From the top of the pass, the whole family hikes along the nature reserve up to the Grünwaldsee lake. Via the Hochalm to the Krummschnabelsee, then via the Dikt'n Alm to the Hundsfeldsee.

TUESDAY

Pony hiking in Tweng | 10:30 am-12:00 pm | Municipal Office Tweng

With cute four-legged playmates, you hike through the beautiful nature of Tweng. Here you will learn how to handle ponies properly, how to care for them and, of course, what to feed them. Children need sturdy shoes.

WEDNESDAY

Trial lesson Trial Park | 10:00-11:00 am | Grünwaldkopf

You can put your bike or motorcycle skills to the test at the Trial Park. This sport is particularly suitable for children and young people who enjoy biking. Basic knowledge of cycling is a prerequisite.

Herb hike with Nini | 10:00 am-12:00 pm | bus station Passhöhe

What edible herbs does Obertauern have to offer? Experience the diversity of Obertauern's meadow herbs and recognize their power in the kitchen and how you can use these herbs for your health or care.

Mountain yoga with Nini | 4:30-5:30 pm | House of the guest

Find your center together through regenerative movements, controlled breathing and the calming nature of Obertauern. In the midst of the majestic mountains you will find relaxation and inner balance.

THURSDAY

Survival hike | 10:00 am-12:30 pm | Grünwaldkopf

You learn to read nature and to cooperate with it. How can I orient myself on the mountain? What food can I find there? How do I overcome obstacles? How do I light a fire?

This workshop is child-friendly and WILD in the truest sense of the word!

High in the rope | 1:00-3:00 pm | Alpine ropes course (near Felseralm)

The whole family learns how to use climbing equipment in a fun way. Put your courage and skills to the test on the child-friendly high ropes course under the supervision of qualified climbing guides with a magnificent panoramic view.

Cost: € 12 per person / from height 1.40 m

FRIDAY

We build a Basecamp | 10:00 am-12:30 pm | Wildpark – Untertauern

In this family-friendly workshop, you will learn how to build a small shelter in the wilderness using various techniques. This involves a short hike into the impressive Taurach Gorge near Untertauern.

SATURDAY

In the wild Twenger Lantschfeld | 10:30 am-12:30 pm | Municipal Office Tweng

On this family hike, you will learn how water and valleys influence nature and life in the mountains. The Twenger Lantschfeld is known for its wilderness, which is worth taking a closer look at. You start directly in Tweng at the municipal office and hike to the Tenn waterfall.

SUNDAY

Trailrunning trial workshop | 2:30-4:00 pm | Haltestelle Passhöhe

Experience the peace and beauty of our nature reserve while you refine your running and breathing technique in our trail running beginners' workshop.

Registration: until Saturday 8:00 pm

